FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

KEISTER J	<u>UHN</u>				[MCHX]		(Check	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
							X	Director	Х	10% C	Owner		
(Last)	(First)	(Middle)		of Earliest Transa	action (Month/E	ay/Year)	x	Officer (give title below)		Other below)	(specify		
2101 - 4TH AV	ENUE, STE. 1	980	04/05/2	2004		President & COO							
(Street)				endment, Date of	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)						
SEATTLE	WA	98121			X	X Form filed by One Reporting Person							
(City)	(State)	(Zip)					Form filed by More than One Report Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Code V Amou		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)		
Class B Common Stock	04/05/2004		С		623,833	Α	(13)	623,833	D	
Class B Common Stock	04/05/2004		С		65,000	A	(14)	65,000	Ι	By GRAT
Class B Common Stock	04/05/2004		С		6,160	A	(15)	6,160	Ι	By IRA

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		on Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Series A redeemable preferred stock	(1)	04/05/2004		С			623,833	(4)	(7)	Class B Common Stock	623,833	(10)	0	D	
Series A redeemable preferred stock	(2)	04/05/2004		С			65,000	(5)	(8)	Class B Common Stock	65,000	(11)	0	I	By GRAT
Series A redeemable preferred stock	(3)	04/05/2004		С			6,160	(6)	(9)	Class B Common Stock	6,160	(12)	0	I	By IRA

Explanation of Responses:

1.1 for 1 Conversion

2.1 for 1 Conversion

3.1 for 1 Conversion

4. Immediate Exercisablity

5. Immediate Exercisablity

6. Immediate Exercisablity

7. No expiration date.

8. No expiration date.

9. No Expiration Date

10. N/A

11. N/A

12. N/A

13. N/A

14. N/A 15. N/A

13. IV/A

<u>John Keister</u>

** Signature of Reporting Person

04/05/2004 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.